



Explore what is Beyond



**BRIHASPATI  
VIDYASADAN**

MALIGAUN, KATHMANDU



## ABOUT BRIHASPATI VIDYASADAN

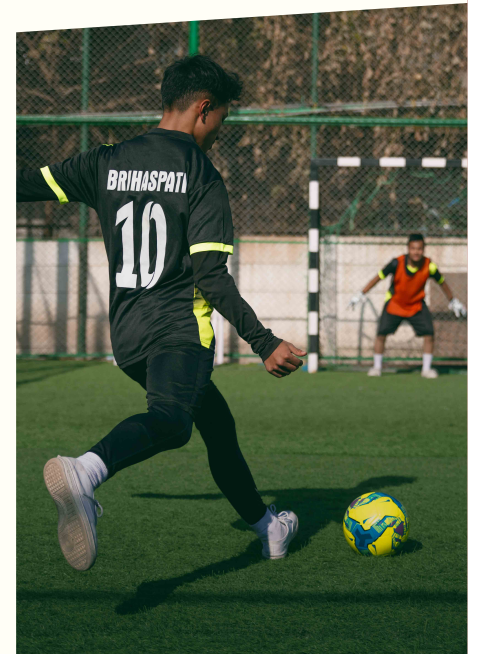
Situated in the heart of Kathmandu, Brihaspati Vidyasadan (BVS) holds the distinction of being one of the country's top-ranking schools. For the past 38 years, we have been consistently delivering high academic standards while offering a conducive environment to ensure the overall well-being of our students.

## VISION

Imparting quality education and nurturing human values.

## MISSION

We explore the potential of individual students and promote excellence in all walks of life.





# ACADEMICS

The definition of academics and academic achievement has changed over time. It is not merely about scoring high on the examinations. It is about nurturing curiosity and becoming a lifelong learner. Students at Brihaspati Vidyasadan are nurtured with values with a focus on holistic growth including social, emotional and spiritual aspects, while encouraging them to ask questions. They get multiple opportunities to deal with real life or life-like situations. All in all, the focus is on holistic learning and well-rounded personal development.

Reading and thinking skills are promoted through various learner - oriented teaching-learning activities. The focus is on holistic learning and well-rounded personal development.



# CO-CURRICULARS

Brihaspati Vidyasadan co-curricular programs include excursions, entrepreneurial opportunities, STEAM (Science, Technology, Engineering, Arts and Mathematics) classes and community outreach. It also provides extra-curricular activities such as music and instrument lessons, theatre, dance classes, sports, swimming, art and crafts. These year-round activities provide students with the impetus to discover their individual potential in a constructive, safe, and healthy environment.

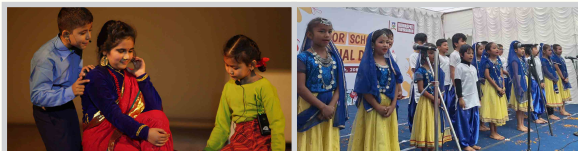


## OUTDOOR EDUCATION

Students of all ages are provided opportunity to go on field trips or overnight excursions during the year.

## MUSIC AND INSTRUMENTS

Students can choose from a wide range of instruments from modern to classical based on their interest and skills.

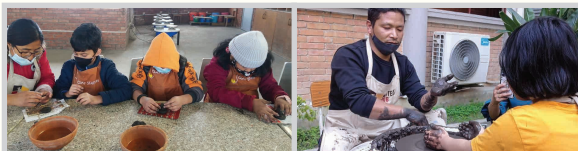


## PERFORMING ARTS

Our performing arts include dance, theatre and vocal which are woven into the fabric of student life at Brihaspati Vidyasadan giving them a chance to shine while having fun in the process.

## VARIETIES OF SPORTS

Students participate in different sports such as basketball, futsal, wall climbing, roller skating, taekwondo, table- tennis, swimming.



## CLAY ART

Clay art opens up a world of possibilities in which students can think outside the box, understand perspective and express themselves in a gratifying way while recognizing the value their creations can bring the school community.

## STEAM

STEAM education is an approach to learning that uses Science, Technology, Engineering, Arts and Mathematics where students learn to innovate and use the theory into practice.





# EVENTS AT BRIHASPATI VIDYASADAN



At Brihaspati, students participate in a variety of events during the school year that contribute towards building community, forging connections, and promoting school spirit. These events allow students to explore their learning beyond academics as they engage with peers and the community outside their classrooms.



# STUDENT SUPPORT AT BRIHASPATI VIDYASADAN

We promote mental health and well-being of staff members & students by adopting approaches which involve the entire school community in the creation of a safe and inclusive learning culture and environment including:

- Timely social and emotional support for those with additional needs.
- Involvement of students and families in solving problems.



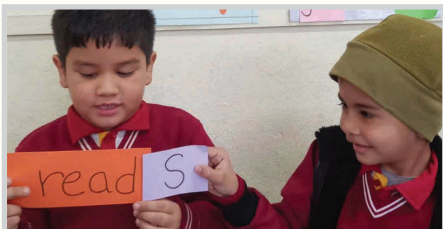
## SOCIAL -EMOTIONAL WELL-BEING OF STUDENTS

We promote resilience building and social - emotional well-being at school through:

- Positive social connections,
- A safe and secure environment,
- Promotion of positive coping strategies and problem-solving skills,
- Inculcating a sense of purpose and responsibility in students,
- Non -violent communication as an approach &
- Psycho-social counseling and well-being sessions

## COMMUNITY PARTNERSHIP

Brihaspati Vidyasadan has a long-standing tradition of contributing to the local community and beyond. Our students are encouraged and expected to develop an understanding of and a commitment towards the greater good as an integral part of their education. We, therefore, offer a number of programs and opportunities to complement these goals.



## CHARACTER EDUCATION

Character building is one of the major educational goals we consider at Brihaspati. We believe that every student comes with innate skills, predispositions or character strengths. In order to help them further these strengths, teachers work as mentors and follow an individual based, reflective, and goal-oriented approach so that students are empowered to choose and work towards achieving their individual character goals.

## PARENTING EDUCATION

The kind of home environment students are offered and the way parents deal with children matter. At Brihaspati Vidyasadan, we regularly organize parenting sessions to help parents view and deal with younger generation appropriately.







# LIFE AT BRIHASPATI





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